



# ANNUAL REPORT 2018-2019



**N S S**  
UNIT NO: 68



**MES COLLEGE MARAMPALLY**  
MARAMPALLY P.O, ALUVA - 683 105  
[www.mesmarampally.org](http://www.mesmarampally.org)



Foundation stone laying ceremony of 'Swapnaveedu' a home for homeless student in the college was done by Dr. P.A. Fazal Gafoor, President, MES Kerala (Left). Key handing over ceremony of the same was summoned by Prof. Sabu Thomas, Hon'ble Vice Chancellor, Mahatma Gandhi University, Kottayam on 19 September 2018 (Right).

ENVIRONMENTAL PROTECTION PROGRAMMES



01

### Kulam Naveekaranam

Thirteen volunteers participated in the cleaning of a pond located in the 20<sup>th</sup> ward of Vazhakkulam Gramapanchayath on 01 May 2018. It was the first project of NSS during the 2018-19 academic year. The project was included in the collector's "nooru kulam padhathi. Smt.Viji Sunny, President Vazhakkulam Gramapanchyath and members of different wards were also present in the function.

02

NSS in association with Field Outreach Bureau, Ministry of Information and Broadcasting and department of Psychology organized a Field Outreach Programme on Swachh Bharat on 13, 14 and 16 November, 2018 at MES College Marappally. The objective of the campaign was to intensify the focus on cleanliness and to create an environment of cleanliness across the country. The themes of the campaign were

- Segregation of waste at source - use of blue and green bins.
- Decentralized social waste management
- Importance of composting- how to compost at home
- Anti-littering
- Importance of 3Rs- Reduce, Re-use, Recycle and its application in everyday lives.

### Programme on Swachh Bhararth

An awareness class on waste management was handled by Sri.Venugopal from Swachh Bharat Mission, Alappuzha. He emphasized about the long term adverse consequences of improper waste management especially chemical and plastic wastes. The speaker mentioned about the various alternatives to reduce the threat posed by the wastes. An awareness rally was also conducted from the college to the bus stop.

Exhibition on various sewage treatment plants by Hi-tech Biofertilizers was informative and useful for the students and faculty of the college. NSS volunteers conducted a cleaning drive on 14 November 2018 at Family Health Centre, Vazhakkulam. A quiz competition was conducted and the winners were given prizes and certificates by Swachh Bharat Mission. The magic show by Sri.Bose under song and drama division of field outreach bureau was both entertaining and informative for the audience. On 16 November, 2018, story telling by Smt. Seena Pallikkara, State winner was conducted by the song and drama vision of field outreach bureau.





**SEVEN DAY SPECIAL CAMP**

**SUKRUTHM 2018**

The special camp 'SUKRUTHM 2018' was organized in the adopted village, Vazhakkulam from 21-12-2018. Govt. U P School, Vazhakkulam was the camp site. The recent flood and its rebuilding process were the main project of the camp activities. The volunteers of the NSS Unit performed many other activities and participated in awareness programs like road safety, cyber crimes, personality development, etc.

The camp was inaugurated by Mr. V.P. Sajeendhran, Kunnathunadu MLA in the function presided by Dr. A. Biju, Principal. Mr. M. A. Muhammed, Chairman, College Management Committee, Mr. Zakkir Hussain, Treasurer, College Management Committee, Smt. Mini Mathew, Headmistress, Govt. U P School, Vazhakkulam, Dr. Zakkariya K A, Director, Secretary College Management Committee, Mr. Vipin P. S, Health Inspector Family Health Centre, Vazhakkulam, Dr. Manzur Ali P.P., IQAC

Coordinator), Lt. Ibrahim Salim M., NCC Officer, Parthan Nandakumar, Former NSS Volunteer Secretary, Mr. Umarool Farook, Chairman, College Union facilitated the gathering.

After the inaugural function, Mr. Zakkir Hussain hoisted the NSS flag. The first session on Group dynamics was handled by Mr. Dhanesh Sebastian, Asst. Professor, Department of English. In addition to the flood rebuild activities, volunteers, awareness programmes, old age home visit, field programme on Suchitwa mission at Thiruvairanikkulam temple, Chekkutty making were also performed. The valedictory function was inaugurated by Ms. Shereena Basheer, President of Vazhakkulam Gramapanchayat. Dilbar Hasan K.N. of B.Sc. Electronics and Krishnapriya of BCA were selected as the best male and female campers. Camp Magazine, Camp Diary, and Camp Report were released in the occasion.





## OLD AGE HOME VISIT

NSS volunteers visited the Welfare Association Trust: home for the old and helpless, Veliyattunadu, on 26 December 2018 and 23 February 2019. They spend time with the inmates over there and organized some cultural

events with them. The inmates really enjoyed the time by interacting and performing with volunteers. It was a wonderful experience for the volunteers. They distributed sweets to the inmates and donated Rs 2600/- to the Trust.



### Volunteers Participation in National Camps

Lamiya Sayyida Annoor of II B.Sc. Psychology attended the National Level Adventure Camp held at Adal Bihari Vajpayee Institute of Mountaineering and Allied Sports (ABVI-MAS), Manali for NSS volunteers from MG University. The camp started on 12 October 2018 and duration was ten days.

Sri. Uveysudheen K.H, of II B.Sc. Psychology participated in the National Integration Camp of NSS volunteers held at Sri Sathya Sai Arts and Science College, Thonnakkal, Thiruvananthapuram from 10 to 18 December 2018. The camp was very useful and he got the opportunity to participate in different competitions and bagged prizes for essay writing, debate and patriotic song.

### Volunteering Programmes

NSS volunteers acted as volunteers in various college level programmes like Union inauguration, College day, Arts festival, sports etc. In addition to the college level programmes, they served as volunteers in the medical camp held at Olive palliative care unit, Kaipoorikkara on 9 February 2019.

The female volunteers took initiatives to groom the inaugural function of We Care Girls Home of Welfare Association Trust on 3rd March 2019. The inauguration of Girls Home was done by Smt. M.S. Jaya IAS, Managing Director of Supplyco.



## NEWS IN BRIEF



### SWAP SHOP

To Promote the activities of Suchitwa mission, a Swap shop was set up in the campus on 28th January 2019. Volunteers collected used as well as unused goods (books, dress, footwear, ornaments, kitchen utensils etc.) from the staff and students of the college. The goods were exhibited in the amenity centre from 10 am to 4 pm on 28th January. The shop was inaugurated by Dr. Manzur Ali PP, IQAC Coordinator. The objective of the programme was to promote the reuse of goods. Some goods were sold and others were given free of cost. An amount of Rs. 2,300/- was collected through sale and it was handed over to Welfare Association Trust, Aluva



### WORLD ENVIRONMENT DAY

The observance of world environment day was done by planting tree saplings in the campus. The saplings were collected from forest division Cherukunnu and distributed some of them to students and some of them were planted in the campus. Also planted 50 jackfruit saplings around the college play ground.

### INDEPENDENCE DAY CELEBRATIONS

Flag hoisting on independence day was done by Mr. Zakkeer Hussain, Treasurer College Management Committee. After the flag hoisting, volunteers made necessary arrangements for setting up the flood relief camp.



### A TRIBUTE TO MARTY'S

Candles were lighted up on 19th February 2019 in order to pay tribute to Marty's, who stood up for the nation with heartfelt dedication at pulvama terrorist attack. All the students and staff made their extreme presence for the great heroes.



# General Awareness & Health Campaigns



## World Sight Day

The theme of world sight day 2018 is 'Universal Eye Health'. World sight day was observed by the NSS unit on 10 October by visiting School for the Blind, Aluva, situated near Kuttamassery. It was a half day visit, where forty five volunteers interacted with the children there and motivated by the hand works of the children. Ms. Giji, Principal provided a handful of information about the learning procedures of the children over there. The volunteers also gained the opportunity to watch the music band performance made by the children.



## World Girl Child Day

World girl child day was observed by the NSS unit on 24th January in association with Family Health Centre, Vazhakulam. Ms. Shareena S, Medical Officer, FHC Marampally handled a session on the topic Women Health for the female volunteers. She gave tips for leading a healthy life. The procedures to be followed during menstruation period, importance of exercise, healthy food habits and the importance of good character was also discussed. All the first year and second year volunteers got an opportunity to attend the session.



## Election awareness camp

To create awareness among the students regarding the importance of casting votes is done by NSS and Paliamentary Affairs club of the college in association with Kunnathunadu Thaluk Office on 19th March 2019. The students were also familiarized with the electronic voting machine with VVPAT verification system. Various procedures required in the process of voting were also explained. The participation of around one thousand students made this programme a grand success.





## International Yoga Day

International Day of Yoga was observed by the NSS on 21st June, 2018 by arranging yoga demonstration for the students, specifying importance of yoga practices in our daily lives. The theme for the Yoga Day 2018, organized by the Permanent Mission of India to the UN is Yoga for Peace. The yoga postures were demonstrated by Mr. Haneefa K G, Assistant Professor, Department of Physical Education of our college. Thirty five female volunteers attended the session.



## World Fisheries Day

World fisheries day was observed by the NSS Unit on 21 November 2018. The theme of this year is 2022 *Ka Hai Sapna Kisan Ki Ay Ho Dugna- Sankalp Se Siddi*. An inter-departmental story writing competition was conducted and the winners were awarded on the College Day. Sixty students actively participated in the competition and they wrote stories in Malayalam as well as English. Sahadiya V.B. of II semester BSc Electronics secured first prize, Fiza V, second semester B A English and Unnimaya V R of second semester BCom shared second prize.



## Mega Cleaning Drive

A mega cleaning drive was conducted in the college on 2 October 2018. NSS Volunteers grouped into three and made the basket ball court, play ground and the vegetable garden clean. They removed all sorts of garbage including plastics, non degradable wastes etc. and ensured that such materials are degraded in the right way.





NSS volunteers and programme officers participated in the awareness rally conceived by Renewable Energy Centre, Mithradham, Chunangaveli, Aluva, and coordinated by Rajagiri College of Social Sciences, Kalamassery on 1st January 2019. Volunteers of M E S College Marampally performed a flashmob after the inauguration of the programme by Anwar Sadath, MLA Aluva. The awareness rally started from Municipal Town Hall, Aluva and ended at Adwaidhashramam, Aluva. Volunteers carried placards based on the theme and also raised slogans. The Suchitwabodhanayagnam programme is conducted regularly from 2010 onwards to make the Ernakulam district clean, green and healthy.

### Blood Donation

NSS in association with IMA Aluva organized blood donation camps on 11th February and 1 March 2019. Seventy students donated blood in the camp and they received donor cards, which could be utilized subsequently for the purpose of securing blood in situations where it is difficult to get volunteers for donation. Apart from the above mentioned more than 120 units of blood were donated by the volunteers during the academic year.



### NSS Day Celebrations

NSS day was celebrated on 24 September 2018 by planting various saplings in the campus. Fifty saplings were planted and the charge of maintenance was given to various departments. The students arranged an exhibition on ecological and environmental importance of trees such as providing oxygen, improving air quality, climate amelioration, consrvng water, preserving soil and supporting wild life. Five hundred students visited the exhibition.





## AIDS Day

AIDS Day Awareness Rally was conducted in association with the BVoc Animation and Graphics Design Department of the College and Family Health Centre Vazhakkulam. The rally was flagged off by Smt. Viji Sunny, Chairman, Standing Council on Health of Vazhakkulam Gramapanchayath. The rally started from the college and finished at Family Health Centre. In addition to NSS volunteers, NCC cadets were also present in the rally. Volunteers prepared Handwritten Awareness Articles based on AIDS and distributed in the shops and houses at Marampally Junction. The 2018 World AIDS Day was under the theme "Know Your Status ". More than 80 volunteers participated in the program.



## Awareness on Organic Farming

NSS unit organized lot of activities to promote organic farming on NSS volunteers. A vegetable garden was set up in the campus by utilizing the amount sanctioned by Krishibhavan Vazhakkulam under the Vegetable Development Programme of Kerala Government. As per the direction from the Hon'ble Vice Chancellor, Samaksham, the film produced by Mahatma Gandhi University is shown to the entire students of the college. The film is based on the theme Organic Farming.



## Palliative Day

Volunteers observed Palliative Day on 15th January by conducting programmes like giving door to door awareness in Vazhakkulam Panchayath and brochure distributions. Volunteers were split into groups each group with three members and each team visited five houses.



## Awareness against Drug Abuse

To create an awareness on the harmful effects of drug consumption, an elocution competition was conducted in the college. The programme was organized in association with 'Vimukti' Mission of Kerala Government and department of Psychology, M E S College Marampally.



## Flood Relief Activities

NSS unit of the college collected Rs. 25,000/- (rupees twenty five thousand only) for the flood affected people at Kuttandu. The management of our college contributed Rs. 25,000/- and the neighboring three MES colleges contributed Rs.1,50,000/-. The Ernakulam district committee of M E S bought items like blanket, dhothis etc. and distributed the same to people at Kuttanadu on 7th August 2018.

The college was a flood relief camp from 14th August midnight. The camp started with only 100 people and grew up to 3500 on 16th August. The volunteers assembled in the college for flag hoisting and after that fifteen volunteers stayed in the camp and served the people till the end of the camp, 19th August. With the help of M E S district committee the dresses were distributed to all the camp members and 3 kg rice is distributed to 133 families on 19th August, at the time of camp closure. Also given a counseling session for the people who were returning to their houses.

The cleaning drive started on 20th, soon after the closing of the camp. Majority of the volunteers were affected by flood, therefore twenty five volunteers along with programme officers assisted in cleaning of 10 houses and one Anganwadi near to the college on 20th August. Also explained the methods of cleaning the wells to the

people. One generator, pressure pump, mops, wipers, dettol, phenoil etc. were with us. On 21st, forenoon cleaning was performed in three houses at Kunnuzhazy, which is about three kilometers from college. In the afternoon two houses at Thaikattukara was also cleaned. Due to Bakrid, the cleaning activities started only in the afternoon of 22nd August and cleaned houses of staff and students of the college in Kadungallor.

Houses of many of the students, teachers and staff were affected by flood which included houses of the volunteers as well. From 23rd, it was decided to clean these houses. Volunteers as a group cleaned three houses at Kondotty-Chowwara and two houses at Alangad on 23rd. The cleaning continued on 24th, 25th and Thiruvonam.

After reopening of the college on 29th, the volunteers visited the houses of the flood affected students and performed the cleaning activities which were not complete. On 30th August 2018, our volunteers and programme officer, Sri Ahamed Jimshad actively participated in the Mega Cleaning drive by All Kerala MES, held at Kuttanad. Our volunteers had cleaned 3 schools at Champakulam, Alappuzha. The Schools were St.Mary's U.P. School Chempakulam, D.V.H.S.S. Kandankari and G.H.S.S. Thekekara. It was a great experience for the volunteers. Also the programme officer, Dr. Jasmine P M



along with some volunteers visited the flood affected houses of volunteers and handed over relief kits containing food items, dress materials, napkins etc.



NSS prepared the list of students who were affected by flood. Also collected the list of students who lost uniform, books etc. With the financial assistance of management distributed uniforms to 127 students and note books to 70 students. Our NSS unit received award from M E S District Committee for the outstanding performance during the flood.



Volunteers got an opportunity to take part in the flood loss assessment survey of the Government. More than hundred volunteers participated in the survey. Volunteers completed the survey of Okkal Panchayath and Vazhakkulam Panchayath. A session on how to perform the survey was arranged for the volunteers in the college campus. The secretary of Vazhakkulam Gramapanchayath was the leader of the team for the session.

## DURABLE ASSETS



This year NSS unit of our college lead the initiative of collecting an amount of nine lakhs rupees for constructing a house for Kumari Rahmath R, III B.A. English. The project started in February 2018 and the foundation stone for the house was laid on 14 April 2018 by Dr. Fazal Gafoor, hon'ble President of MES. A house of 650 square feet with compound wall is made and the key was handed over by Prof. Sabu Thomas, Hon'able Vice Chancellor of Mahatma Gandhi University on 19 September 2018. Truss work of Beema Sainudheen's house, (M.Com. student) was also done using the collected amount.

## NEWS IN BRIEF

### TRAINING PROGRAMME

ALTIUS, an initiative of World Malayalee Council conducted a training programme to students of various colleges to groom them to be 'Globally Competent and Socially Committed' leaders of tomorrow on 16th March 2019 at MES College Marampally. Fifteen volunteers participated, among them five were selected for the follow up meets.



### ORIENTATION PROGRAMME

Orientation programme for the newly enrolled volunteers was conducted in our college. Sri. Satheesh Potti, Assistant Professor, DB College, Keezhoor was the resource person.

### REPUBLIC DAY CELEBRATION

All the volunteers participated in the republic day celebration conducted on 26 January 2019. Dr. Manzur Ali P.P., IQAC Coordinator hoisted the flag and delivered republic day message.

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**മാനന്തപുരം**  
**ഹിറോയൽ സഹവൃത്തികളുടെ എം.ജി.എസ്.എസ്. സെന്റർ**

കേരളം കലാ സെന്റർയിൽ ഏകദേശം 1000 പേർ പങ്കെടുത്തു. ഏകദേശം 1000 പേർ പങ്കെടുത്തു. ഏകദേശം 1000 പേർ പങ്കെടുത്തു. ഏകദേശം 1000 പേർ പങ്കെടുത്തു.

**സഹവൃത്തികളുടെ എം.ജി.എസ്.എസ്. സെന്റർ തുറക്കൽ**

കേരളം കലാ സെന്റർയിൽ ഏകദേശം 1000 പേർ പങ്കെടുത്തു. ഏകദേശം 1000 പേർ പങ്കെടുത്തു. ഏകദേശം 1000 പേർ പങ്കെടുത്തു. ഏകദേശം 1000 പേർ പങ്കെടുത്തു.



**മെട്രിക്സ് സെന്റർ**

കേരളം കലാ സെന്റർയിൽ ഏകദേശം 1000 പേർ പങ്കെടുത്തു. ഏകദേശം 1000 പേർ പങ്കെടുത്തു. ഏകദേശം 1000 പേർ പങ്കെടുത്തു. ഏകദേശം 1000 പേർ പങ്കെടുത്തു.



## NSS PROGRAMME OFFICERS



**Dr. Jasmine P.M.**  
Associate Professor



**Mr. Ahamed Jimshad**  
Assistant Professor

## NSS VOLUNTEER SECRETARIES



**Mr. Ajas K.M.**  
II B.Sc. Electronics



**Ms. Lamiya Sayyida Annoor**  
II B.Sc. Psychology

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