

## ACTIVITY REPORT OF WWS(2015-16)



### Environment Day Programme .

This programme was conducted in association with Dept. of Bioscience and National Service scheme. The programme was carried out as two phases. Phase one had taken place on June 5 and phase two on June 12<sup>th</sup> 2015. The programme was started with a prayer song. A class was taken by Mr. Venu Varieth, writer and social activist . He discussed about the environment problems that we face today and the possible remedies that we could do as students. Dr. Muralikrishnan ,Associate professor , Dept of English, Dr. Umesh B. T, Assistant Professor also spoke on these issues. Later the students had an interactive session with Venu Varieth and the programme ended by undertaking a pledge .The formal inauguration of tree planting programme was held at “ Shanthistal”. The tree planting was inaugurated by Mr. Venu Varieth . Smt. Rejeena K.A . WWS Co-ordinator , Teachers of Bioscience also planted various trees.

# DEPARTMENT OF BIOSCIENCES



**Department of Biosciences**

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# PLANTING SAPPLINGS



**Department of Biosciences**

## **PHASE 2 – JUNE 12 2015**

Inter Collegiate Essay writing and Poster Designing competitions were organized by WWS and the dept. of Biosciences. Topics were based on the conservation of natural resources. Students from St. Xaviers , St. Teresas , Jai Bharath and Sankara college took part. There was a talk on the protection of natural resources by Mr. Dharmarajan Sir, who is a writer and activist. St. Xaviers and St. Teresas came victorious in the essay writing competition. Jai Bharath, MES College and Sankara college won the first, second and third prices respectively.

## **WORLD POPULATION DAY**

Inter- Departmental Poster Designing Competition was held by WWS students on 14/07/2015. The topic was World Population . Eldho Thomas – S3 BCA & Sadrusya M.S.- S3 BCA and Abijith S5 BCA won first and second prize respectively.

## **INDEPENDANC E DAY 2015**

Inter departmental elocution competition was conducted on 13/08/2015. The topic was “ARE WE INDEPENDENT- A REALITY CHECK?”. FARHEEN S1 BCOM and AKHIL K.S. S3 BT FARZANA ABDUL AZEEZ S5 BBA won the first and second prize respectively.

## **Training Class in Govt High School Kuttamassery**

**Students of wws took classes in 9,10,11<sup>th</sup> students of Govt .High School kuttamassery, Aluva on 17/9/15. The Classes starts at 9.30AM. They took various topic just like Power Point presentation preparation, conservation of energy, various electronic hobby**

circuits, how to face exam and value based education etc.





On 30<sup>th</sup> the mentees under the mentor Smt. Sheeba Vargese conducted an interdepartmental film review competition.





**Internal Mentoring Class :** All Internal Mentor interacted with the students and analyzed the s1 university marks and give proper suggestion to the studens. Then gave some guidelines for how to face the exams. All the mentors discussed about the exam results with the Parents. All mentors suggested to conduct traning class for competitive exam like IAS, MAT, CAT etc. Some mentors arranged an industrial visit and others arranged Old Age home and Pain and Paliative Care unit visit. Our coordinator will plan to arrange a mock interview on next month .









**Internal mentoring class Ms.Anupama Murali**

**Date (6/10/15)**

Class began with self introduction by students. For ice breaking session students were divided into groups and members were asked to acquainted with group members. After that one member of each group introduced their group members thus creating a good rapport among them. After that memory games were given which helped them to shed their inhibitions and fear of public speaking.



**Internal Mentor: Ms . Farzana S.Hussain Assistant Professor, Department of Commerce**

**04-11-2014**

An introductory session was given by the mentor on objectives and purpose of Walk With Scholar Programme and the benefits of such activities, based on the hand out given to the

mentors. There are six students in the team. Rakhia Khatoon K.S, Fathimathul Shaiban, Amal Jolly, Shifani P.R. (BCA students), Fazna Salam and Safeeda P.S. (BBA students). The students also introduced themselves. Profiles of the mentees were collected.

Students attended a session on the need for planning based on 'SMART' principle by Mr. Sam, Department of Electronics.

A Presentation based on power point was made by the mentor regarding "Goal setting" and the need to be focused in career on 19<sup>th</sup> October, 2015. Based on that the students have been asked to prepare a write up on "My aspiration". They were asked to fill in the detailed Mentee cumulative record.

Representing WWS Safeeda P.S. attended the Cancer Awareness Programme held at Lakeshore on 17.10.2015. She explained her experience and how students will associate with the Palliative care unit formed on the day. She has registered as a Volunteer in the team.



**Internal mentor Ms.Jimshad Ahammed Assisstant Professor ,Department of Business Administration Date : 06.11.15**

As the first month of mentoring, it was all about getting familiar with the students. Knowing each of them took time. The talks were mainly about their living atmosphere at home and how it affects their studies. All the six students were actively involved in the meetings and were talkative. Every students have fixed their Ambitions and are ready working for it. Since all the students are from Commerce Stream, it helped me get familiarize with their issues in academic subjects.

One on one talk was done with one of the student. She has a happy, safe and encouraging atmosphere at home. She has a family who supports her studies.



**Internal Mentor Dr.Julie M David Assistant Professor Department of Commerce**

Organized an interaction with students and collected their profiles and discussed with their achievements and goal settings .They attended the class of goal settings taken by Mr. Sam Kollanoor



**Internal Mentor Sri Sam Kollannore U.Assistant Department of Electronics Date 04-11-2014**

A session on "Towards the Goal" has been conducted by Sri. Sam Kollannore U., Assistant Professor and Mentor, Dept. of Electronics, MES College, Marampally. for the members of WWS-2015 Admission ..In his talk he gave guidance for the students to set short term and long term goals in their life.He also motivated and challenged the participants to achieve their targets in a systematic manner with positive attitude towards every hurdles of the life.

## **Report of Motivational Visit**

The place selected for the motivational visit was Bangalore. In Bangalore we visited three institutions and Vishweshwaraiyya Science Museum and some beautiful places .We started our visit on 23<sup>rd</sup> Tuesday evening from the college. Then we reached Bangalore at 5:00am .After rest and getting fresh we went to IIMB and reach there at 9.30am. After completing the formalities they gave an overall understanding of the IIM B by Mrs. Kavitha madam. She gave us information on the various courses offered at the institution, the foundation and history of the IIM B, its infrastructure and various programs they provide to help people access higher education.



Then we were shown around the campus by the securities.

At 1:30pm, Dr. Saurav Mukharjee , a senior staff talked to us. The interaction was very informative. He talked about the importance of management and social entrepreneurship. He said something in the end which changed everyone’s concept on what is business. “Business must touch the lives of the common men” he told us” Entrepreneurs aim at making profit alone, but it is possible to make the same profit by making use of your ideas and business to help change the lives of people”.



At 3:30pm, Mr. Reji sir of the public relation department had a friendly chat with us. He talked to us about the different programs offered in IIM B and the mandatory exams to get admitted to

their most reputed two year and one year programs



At 5:00pm we continued our campus visit after the refreshments offered by the public relation wing of the IIM B.



On 25/02/16 we reached the Raman Research Institute at 9.30 am. The RRI is a leading institution in science research. Due to renovation works we were not given a complete campus visit. A prominent scientist talked to us for 2hrs the Science and Technological research taking place at the RRI.



After the lunch we took off to the Vishweshwaraiyya Science Museum. Upto 5 pm we spent there. Students refreshed their knowledge. Museum gave us a lot of information through fun and entertainment. Lots of students from various institutions were present there.

On 26-02-2016, Friday we checked out at 7:30am and had breakfast at 8:30am. Reached the IISc Campus at 9:30am. We attended the class on supercomputers at the SERC(SUPERCOMPUTER EDUCATION & RESEARCH CENTER). The class was taken by a person from system analysis department

ofSERC , Mr. Ankhor Sharma. He is a former scientist of DRDO



At 12:30 pm we left IISc. At 1:00pm we had a nice lunch from the same hotel we stayed at.



At 2:00 pm we ,again went to the IISc and visit other department material science . we saw the diiferent research work and the students interacted with the research scholars. Then after 3.30 we visited the Campus and library.. At 6:00pm we said goodbye to the silicon plateau, Bangalore. We had

dinner from a Dhaba at a town in Tamil Nadu between Salem and Erode. On 27-02-2016, SATURDAY at 6:00am we reached the campus of our college. Workshop for WWS coordinators and mentors

## **One Day Cluster Workshop of Internal Mentors and Coordinators**

A one day workshop for WWS coordinators and mentors were organised by MES College, Marampally, in association with Higher Education Council, Govt. of Kerala on 01/02/2016 from 9.30 a.m. to 4.15 p.m. The resource person for the program was Sri. T.K. Chandramohan, expert as a resource person for imparting value added classes to both students and teachers. The workshop gave an idea to the mentors and coordinators on how to help the students to have a positive attitude and approaches to life. The workshop also achieved a key role in enabling the teachers to support their mentees towards their goal in life.

After the workshop another session followed in which Sri Raju Krishnan, Nominee, Higher Education Council, addressed the technical aspects and procedures of the programme. He also clarified the doubts of the mentors and coordinators for the smooth execution of the programme. The workshop assisted the mentors and coordinators in all possible ways, so that the WWS programme can really be a beneficial one to the students. The programme ensured its success with the active participation of Mentors and coordinators from different colleges. The 20 participants represented various colleges- Al Ameen College, Edathala, Sri Vidhyapeedam College, Perumbavoor, Marthoma College Perumbavoor, Morning Star College, Angamaly and M.E.S. College Marampally.



