

MES COLLEGE MARAMPALLY

Anti-Drug Cell Report: 2021-22

Observance of International Day against Illicit Drug & Trafficking

Anti-Drug Cell, Department of Psychology and Human Resource Management jointly organized a panel discussion in association with **International Day against Illicit Drug and Trafficking on 26th July 2021**. A panel discussion was organized via Google meet. The whole programme was conducted under the leadership of the Anti-Drug Cell of the college and was mediated by Ms. Kavya S. Warriar (2nd SEM BSc Psychology student)

MES COLLEGE MARAMPALLY
Anti-Drug Cell,
Department of Psychology &
Department of Human Resource Management

Jointly organises
Panel Discussion
in association with

WORLD ANTI-DRUG DAY

26/06/2021
Saturday
9.00 AM - 10.30 AM
Google Meet

Registration is free, but compulsory → <https://forms.gle/69ZFuwm4NKhWyB4G6>

Panelists

Disciplinary and Legal aspects **Physiological and Medical aspects** **Psychosocial aspects**


Mr. A B Vibin
Inspector of Police, Crime Branch,
Kerala
Former SHO of Panangad, Maradu
and Palluruthy Police Stations of
Kochi City.


Dr. Shaji S
Chief Psychiatrist,
Bethsada Mental Health
Center, Vengola


Ms. Afrah Shajahan
Counsellor,
Mukthisadhan De-addiction Centre
&
Master Volunteer,
Nasha Mukh Bharat Abhiyan

Ms. Minwa Abdul Razak
Student Coordinator
Contact: 7736979458

Mrs. Fathima Zieba K H
Assistant Professor
Coordinator
Contact: +918589853012

Mrs. Jasmine S
Head Department of HRM
Coordinator

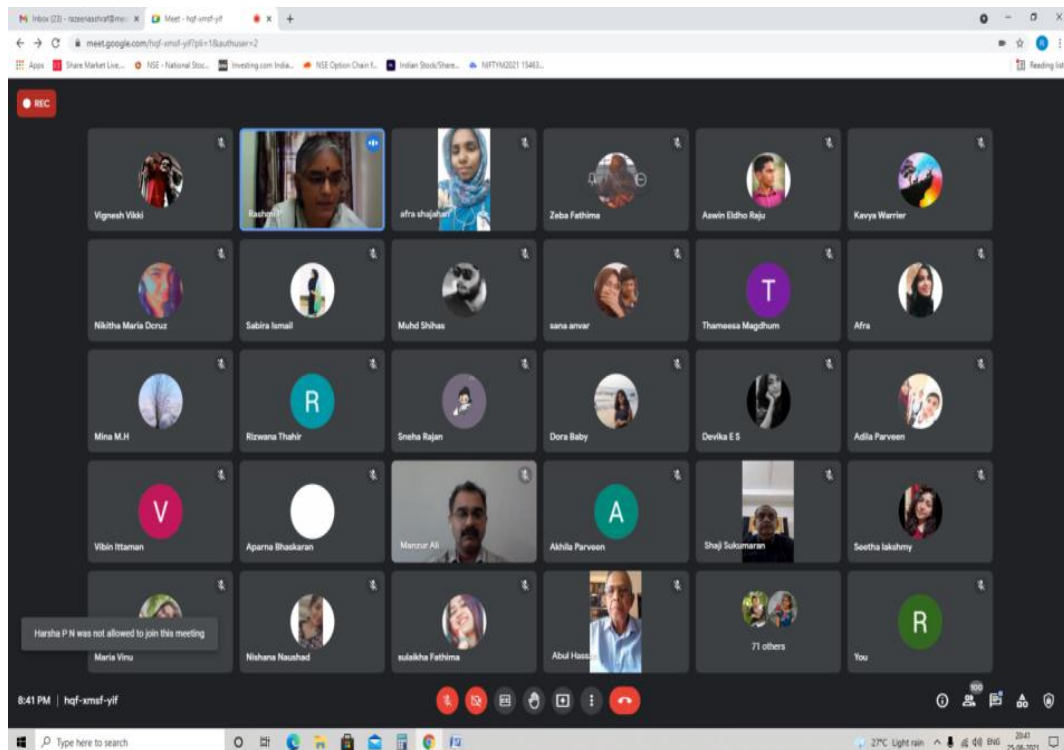
Dr. Raehmi P
Head Department of Psychology &
Anti-drug Cell, Coordinator

Dr. Manzar Ali P P
Principal
MES College Marampally

Meeting link will be sent to the registered mail, 1 hour before the commencement of the session.

The meeting started with a prayer song by Ms. Nikitha Maria Dacruz (2nd SEM BSc Psychology student) The Anti-Drug and substance abuse pledge was taken by the participants and it was led by Ms. Dora Baby (5th SEM BSc Psychology student)

The welcome speech was given by Dr. Rashmi .P (HOD, Department of Psychology & Coordinator of Anti-Drug Cell). The inaugural address was by Dr. Manzur Ali.P P (Principal of MES College Marampally) Followed by the felicitation by Adv. Abul Hassan (Secretary and Correspondent of the College Management Committee).



The department of psychology had organized an intercollegiate quiz competition, poster and slogan writing competition for students and the prizes were announced by Mrs. Zeba Fathima (Teacher coordinator, Psychology Department). The winners were

Quiz competitions

First prize : Mansiya V A, UC College, Department of Chemistry, UG S2

Second prize : Ameena A K, Department of Maths Marthoma Womens' College, UG S2

Slogan Writing

First Prize : Sneha Rajan, MES College Marampally, BSc Psychology, UG S2

Second Prize Winner: Lakshmi P.M, MES College Marampally, B.Voc Fashion Design and Management UG S2

Poster Making

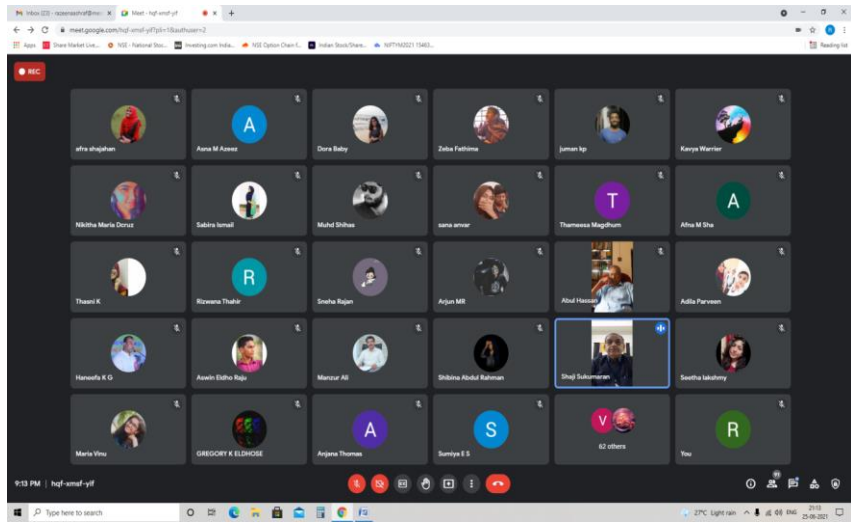
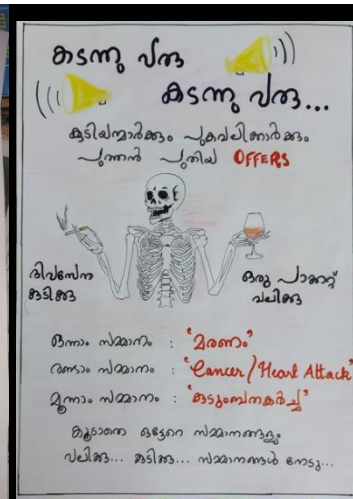
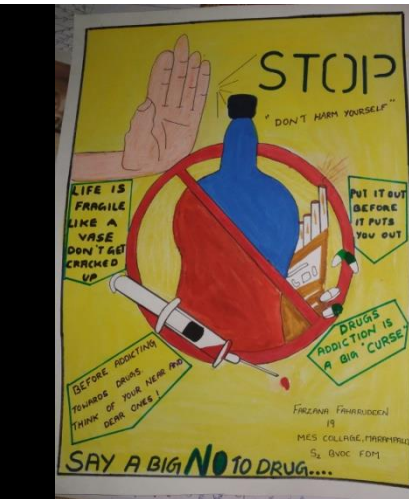
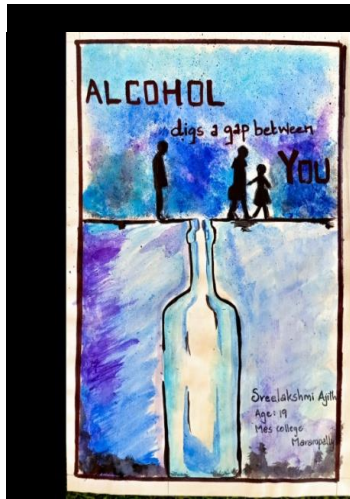
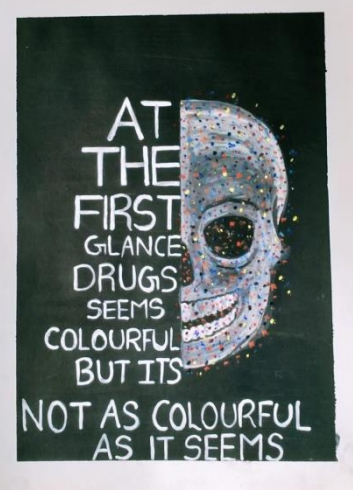
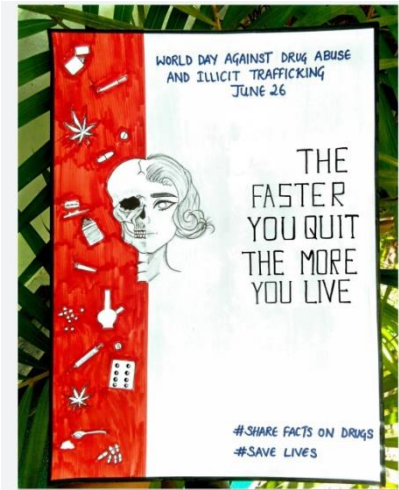
First Prize : Sreelekshmi Ajith, BSc Psychology, M E S College, UG S2

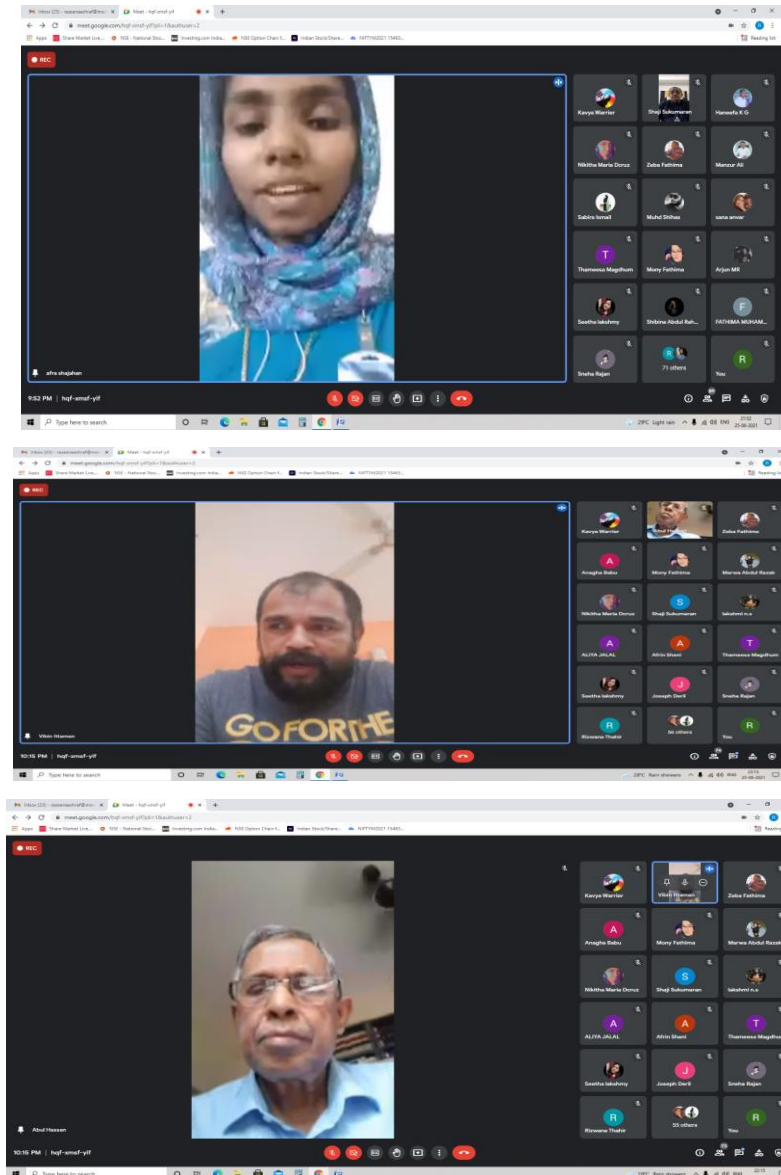
Second Prize : Athul Anil Kumar, MES College, BCom CA S2

After the official inaugural session the 1st session was an informative class by Dr. Shaji. S (Chief Psychiatrist of Bethsada Mental Centre, Vengola) he explained the physical, medical and therapeutic aspect of drugs and alcohol abuse by referring to cases that he has seen in the clinical experience. This session was followed by a discussion on the psycho- social aspects with reference to interventions done for people with different addictive behaviour this topic was dealt by Ms. Afra Shajahan (Mukti Sadhan De-Addiction Centre and Master Volunteer of Nasha Mukhti Bharath Abhiyan). She is also an alumna of this department- 2014 admission batch. The session put light in to the psychological issues faced by family members (mainly to the female members and children) and showed the participants how much problems are created by such addictive behavior to family members and in large to the society.

The disciplinary and legal aspect of the substance abuse was explained by Mr. A. B. Vipin (Inspector of Police, Crime Branch, Kerala).

A discussion followed the sessions and numerous questions were addressed the panelists by the faculty members and students. The 2 hour long panel discussion was a huge success, with the active participation of the panelists, students and faculty members. The program was concluded with a vote of thanks by the Psychology Association Secretary, Department of Psychology, Ms. Husna Hawwa (2nd Sem BSc Psychology student).





Awareness Programme

The Anti-Drug Cell & ICC along with Department of Psychology in collaboration with staff association, jointly organized an awareness program on the topic " Drug an ugly truth " on 12th February 2022 at 11 am. The program started with a silent prayer. Mr. A B Vibin, Circle Inspector of Police, Meppady Police Station was the resource person. The session was made interactive and he covered major topics related to increased drug usage in the society and the methods to prevent it. He said that high school students and college students are influenced by

social pressure and more likely to involve in risky behaviour than other age groups. Using drugs or alcohol at a young age before the brain development can create a lot of emotional, physical, social, behavioral and interpersonal issues, however. Abuse of alcohol and drugs by high school and college student may present unique circumstances wherein specialized treatment methods are ideal to foster a healthy life style for a long term recovery, informs Mr. A B Vibin, CI.



MES COLLEGE MARAMPALLY
NAAC Reaccredited with A+ Grade (CGPA 3.38)
STAFF ASSOCIATION
in association with
ANTI-DRUG CELL & ICC
Jointly organizes a webinar on:

**Drug -
An Ugly
Truth**

LET US CHANGE

Resource person:



Mr. A B Vibin
Circle Inspector of Police
Meppady Police Station
Wayanad

Date: February 12th, 2022
Time: 11.00AM
Platform: Google Meet

The session was for two hours. A total of 52 teachers actively participated for the awareness programme. After question and answer session, the programme concluded by 1.30 pm with vote of thanks by Dr. Rashmi P, HOD, Psychology.