

MES COLLEGE MARAMPALLY
WALK WITH A SCHOLAR (WWS) PROGRAMME
Annual Report: 2019-20

Walk With a Scholar (WWS) is a new initiative of the Department of Collegiate Education, Government of Kerala with an aim to support a student in his/her developmental aspects for bringing out a best citizen. The concept of 'mentoring' is the key idea behind the WWS. Mentor is a friend, guide and philosopher to the mentee. The mentor enables their mentees to transform an average person to the best. In educational system, mentoring helps a student to develop various life skills and also for identify his/her future career.

This year, WWS has three batches, 1 year (2019 admission), 2nd year (2018 admission) and 3rd year (2017 admission) batch respectively. Each batch is with 30 students, so a total of 90 students were participated in this programme during the year 2019-2020.

Faculty in Charge

- 1. Dr. Mini K Paul, Assistant Professor in Biotechnology Department**
(Coordinator)

INTERNAL MENTORS

3rd Year Internal Mentors

- 1. Dr. Manzur Ali P P**
Assistant Professor, Dept. of Biotechnology
- 2. Dr. Umesh BT**
Assistant Professor, Dept. of Biotechnology
- 3. Dr. Sopna V Muhammed**
Associate Professor, Dept. of Business Administration
- 4. Dr. Jasmine PM**
Associate Professor, Dept. of Electronics
- 5. Dr. Rafeeka mol CA**
Assistant Professor, Dept. of Commerce

2nd Year Internal Mentors

1. **Dr. Ally C Antony**
Assistant Professor, Dept. of Biotechnology
2. **Ms. Shalet Varghese**
Assistant Professor, Dept. of Biotechnology
3. **Ahmed Jimshad K**
Assistant Professor, Dept. of Business Administration
4. **Bhavya Kamal K Menon**
Assistant Professor, Dept. of Electronics
5. **Rajeena K A**
Assistant Professor, Dept. of Electronics

1st Year Internal Mentors

1. **Dr. Sheeba K H**
Assistant Professor, Dept. of Business Administration
2. **Ms. Ramla Beevi**
Assistant Professor, Dept. of Commerce
3. **Mr. Praveen E P**
Assistant Professor, Dept. of Commerce
4. **Ms. Sheeba Varghese**
Assistant Professor, Dept. of Electronics
5. **Lt. Ibrahim Salim**
Assistant Professor, Dept. of computer applications

ACTIVITIES UNDERTAKEN AS A PART OF WWS PROGRAMME IN THE YEAR 2019-20

Selection of First Year Students:-

Since 2nd and 3rd year batches are already running, selection of 1st year batch was made in this year. For that, 30 top students from 2019 admission batch of the College were selected as 1st year batch for the programme. Selection is based on the Higher Secondary Marks and any regular student of the College with at least 60% marks in the Higher Secondary Examination is eligible to apply for the same. The selection of student from each subject was done by the respective Head of the Department of the College. After

selecting 1st year students, an orientation session was given to them about the aims and objectives of WWS on 25-10-2019. **Dr. Mini K Paul**, Coordinator presides that session. All the five internal mentors of first year participated in that session. After the introductory session, each mentor with respective mentees made a discussion regarding the future activities of WWS 2019-20.

Internal Mentoring:

All the 15 internal mentors took mentoring sessions to their mentees on their convenient time. Attendance of the students was recorded. All the mentors tried their level best for motivating the students. After completing the internal mentoring sessions, they submitted a report on their activities to the coordinator.

External Mentoring

External Mentors (identified by the College for the First and Second year batches of WWS programme in 2019-20)

FIRST YEAR EXTERNAL MENTORING

1. Dr. Suja Karthika, Trainer (EXCELLER training academy) Ernakulam was the resource person for the 1st external mentoring session for the first year. She gave an orientation to students on the topic 'Art and self-development' on 07/12/2019, from 9.30 am to 12.30 pm (3 hour). It was an interesting and inspiring class to them.
2. 2nd external mentoring session was led by Sri. Vivas Salim, Assistant Professor on 07/12/2019, between 1.30 pm-3.30 pm (2 hours). He gave an outlook to students on 'Developing Scientific Temper, Essential Aspects of Research in Contemporary Society'.
3. Sri. Dhanesh Sebastian, Assistant Professor was the 3rd external mentor to first year batch. He motivated the students on 'How to read and review an academic book' on 10/12/2019 from 10.00 am to 12.00 pm (2 hours).
4. The 4th external mentoring to first year batch was Adv. Mohan Raj was on 10/12/2019 from 1.30 pm to 4.30 pm (3 hours). He served as a resource person on the focal theme 'Understanding the constitution and the democratic values'.
5. Dr. Paul C. Chacko, Associate Professor, Prajyothi Nikethan College, Pudukkad was the 5th external mentor to first year batch. He made an activity based session on the

focal theme 'Goal setting-setting realistic goals making action plans to achieve goals' from 10.00 am to 12.00 pm on 11/12/2019 (2 Hour). Through various activities, he motivated the students and tried to set some goals in the life of students. He also took class in afternoon session on 'Self-awareness and SWOT analysis" from 1.30 pm to 3.30 pm (2 Hour).

6. In the 6th external mentoring, Dr. K A Zakkariya, Professor, CUSAT served as resource person on the programme 'Meet an Expert Programme 'on 25-01-2020, from 10.00 am to 12.00 pm (2 Hour).
7. In the 7th external mentoring, Dr. Sheena Shukkur served as resource person on the programme 'Meet an Expert Programme 'on 25-01-2020, from 2.00 pm to 4.00 pm (2 Hour).

SECOND YEAR EXTERNAL MENTORING

1. Second year external mentoring sessions was begun with the talk of Mr. Dhanesh Sebastian on 07/12/2019, from 10.00 am to 12.00 pm (2 Hour). He served as a resource person on the focal theme 'Learn how to review a journal article'
2. 2nd external mentoring session was given by Dr. Suja Karthika, Ernakulam on 07/12/2019, between 1.30 pm to 4.30 pm (3 hours). She made a session on 'Learn soft skills and presentation skills'.
3. In the 3rd external mentoring session, the resource person was Dr. Resmi P. She served as resource person on the topic, 'Gender sensitization' on 09/12/2019 from 10.00 am to 11.30 am (1.5 hours).
4. Mr. Vennu Variyathu served as resource person on the topic 'Environment sensitization' on 9/12/2019 from 1.30pm to 3 pm (1.5 hours).

Report of Internal Mentoring Sessions

In this academic year each mentor conducted internal mentoring sessions. All internal mentors collected their personal and academic details and also took classes on various topics just like soft skill development, reasoning, numerical ability and power point presentation. They interacted with the students and analyzed their internal marks and gave proper suggestion to the students. They also gave some guidelines for how to face

the exams. Some mentors arranged an industrial visit and others arranged Oldage home and Pain and Palliative Care unit visit. I take this opportunity to thank the Department of Higher Education, Govt. of Kerala for providing financial support for organizing the WWS programme during the academic year 2019-2020. I acknowledge the co operations and supports given by the Principal, External and Internal mentors, for the smooth functioning of the WWS programme.

Dr. Mini K Paul
Coordinator, WWS



External mentoring by Dr. Suja Karthika



External mentoring by Mr. Vivas Salim



External mentoring by Sri. Dhanesh Sebastian



External mentoring by Adv. Mohan Raj



External mentoring by Dr. Paul C Chacko



Meet an Expert programme- Dr. K A Zakkariya



Meet an Expert programme- Dr. K A Zakkariya



Meet an Expert programme- Dr. Sheena Shukkur



Meet an expert programme- Dr. Sheena Shukkur



External mentoring by Dr. Suja Karthika



External mentoring by Dhanesh Sebastian



External mentoring by Dr. Resmi P



External mentoring by Vennu Variyathu



Sri. Praveen E P with his mentees



Ms. Ramla Beevi with her mentees



Dr. Sopna V Mohammed with her mentees



Ms. Sheeba Varghese with her mentees



Dr. Ally C. Antony with her mentees



Sri. Ahmed Jimshad K. with his mentees



Ms. Bhavya Kamal K. with her mentees



Dr. Raphika mol C .A with her mentees